**Agency Wellness Culture Awards**

**Department of Education** – A past Large Agency Wellness Award winner, the Department of Education has really taken their approach towards building a culture of wellness to a new level. During the past year, seven new Wellness Champions have joined an outstanding duo of existing Champions. This network of Champions now represents five of the satellite Vocational Rehabilitation offices across the state, central operations at NSOB and Human Resources. The team is now working together to administer mini-challenges, promote awareness campaigns, and provide wellness education opportunities for their employees across the State using their technology resources.

**Department of Roads** – Through some focused recruiting efforts, the Department of Roads has also added eight Wellness Champions over the past several months, bringing their total to 10. These champions currently represent seven of eight districts as well as the Central Complex here in Lincoln. Recognizing challenges in communication, job environment, and the geographical diversity of their workforce, these Champions have focused efforts on awareness campaigns and mini-challenges aimed at small behavior changes. While the team may be spread across the State, they are working together to generate new ideas and promote wellness in ways best fitting their fellow employees.

**Nebraska State Treasurer’s Office** – Despite being small in numbers and spread across 3 facilities in Lincoln, the State Treasurer’s Office has developed a strong network of support and encouragement to go along with participation in the wellnesoptions program. Organized by Jana Langemach, Communications Director, the group gets together annually to reflect on the year’s achievements and celebrates by taking unique group photos. Each employee also shares a short summary of their experience over the year which is included in a narrative report. They exhibit the true spirit of teamwork and cohesiveness in building a culture of wellness.

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**Wellnesoptions**
**Working toward a State of Health**

September 2015
Kris Burke – Kris, employed by the Department of Admin-

Wellness Champion – Douglas Barry – Employed by the Department of Environmental Wellness

Closing

Governor Pete Ricketts
Opening Remarks

Welcome and Introduction of the Governor

Chair

Executive Director

Administrative Services - State Personnel

Crystal Meyer, Wellness and Benefits Administrator

Closing

Agency Wellness Culture Awards

Wellness Champion and Advocates Recognition

Recognition Awards

"How to Take a Hit"

Brady Brenn

Opening Remarks