## Welcome to NDE!

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Location</th>
<th>Started</th>
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<tbody>
<tr>
<td>Ramona Prentice</td>
<td>VR Associate</td>
<td>Grand Island</td>
<td>04/27/2015</td>
</tr>
<tr>
<td>Lucas White</td>
<td>Program Specialist II</td>
<td>Omaha West</td>
<td>04/27/2015</td>
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<tr>
<td>Angela Korth</td>
<td>Program Specialist II</td>
<td>Norfolk</td>
<td>04/27/2015</td>
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<tr>
<td>Jennifer Patterson</td>
<td>VR Service Specialist</td>
<td>Grand Island</td>
<td>04/27/2015</td>
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<tr>
<td>Shannon Fowler</td>
<td>Nutrition Services Specialist</td>
<td></td>
<td>05/04/2015</td>
</tr>
<tr>
<td>Amy Rhone</td>
<td>Div. Pop. - Ofc of Equity and Instr.</td>
<td>Education Specialist III</td>
<td>05/01/2015</td>
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</tbody>
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Open Enrollment 2015-2016 REMINDER

This year’s Open Enrollment begins at 8:00 a.m. CST on May 6th and ends Wednesday, May 20th at 5:00 p.m. CST.

“**All employees eligible for benefits will need to complete Open Enrollment ...**”

[Read More from DAS ...](#)

2016-2017 Wellness Options Qualifications

To qualify for enrollment into the Wellness Health Plan beginning **July 1, 2016**, both the employee and spouse (if enrolled) must complete all 3 STEPS on an annual basis.

- **COMPLETE AN ANNUAL BIOMETRIC SCREENING**
  Three confidential options available **April 1 – May 31, 2015**.

- **COMPLETE AN ANNUAL ONLINE HEALTH ASSESSMENT**
  The confidential online questionnaire must be completed between **April 1 – May 31, 2015**.

- **ENROLL AND COMPLETE A WELLNESS PROGRAM**
  Enroll and begin your choice of at least one of the following confidential wellness programs between **April 1 – November 20, 2015**.
  Complete the program by **March 31, 2016**.

Log In: [Wellness Options Website](#)
Employee and Supervisor of the Year Nominations

It is time to submit your nominations for Employee and Supervisor/Manager-of-the-Year.

Please review the guidelines prior to completing a nomination form by clicking on the link below. Electronic submissions will be accepted.

[Employee of the Year and Supervisor/Manager of the Year Guidelines](#)

Nomination forms must be returned to Human Resources by **Friday, May 29th**.

The honorees and honorable mention recipients will be presented their awards at NDE’s Summer Employee Recognition Event. In addition, the Employee and Supervisor/Manager-of-the-year will be recognized at the Governor’s Award Ceremony in October.

Food, Fitness, and Fun

Here are some interesting links, information, and activities.

- **A Fresh Take On Fruit (ChooseMyPlate.Gov):**
  Fruit can be enjoyed in many ways. Try using fresh, frozen, canned, or dried fruit in a variety of ways and at all meal occasions.
  - [Recipe: Mango Cucumber Soup](#)
  - [Recipe: Chilled Blueberry Soup](#)

- **Eating Healthy On A Budget (USDA)**
  Eating healthy doesn’t have to be expensive. Use these tips and materials to make healthy choices while staying within your budget.

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