



Welcome to NDE !



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Finance & Org Services
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Started: 03/02/2015



Ericka Nielsen
Lincoln ATP
Program Associate II
Started: 03/16/2015



Melanie McClellen
VR – North Platte
VR Associate
Started: 03/31/2015

Kristina Janda
Disability Determination Section
Program Associate III
Started: 3/17/2015

Lori Schwahn
Disability Determination Section
Program Associate III
Started: 3/17/2015

2016-2017 Wellness Options Qualifications

To qualify for enrollment into the Wellness Health Plan beginning July 1, 2016, both the employee and spouse (if enrolled) must complete all 3 STEPS on an annual basis.

- **COMPLETE AN ANNUAL BIOMETRIC SCREENING**
Three confidential options available April 1 – May 31, 2015.
- **COMPLETE AN ANNUAL ONLINE HEALTH ASSESSMENT**
The confidential online questionnaire must be completed between April 1 – May 31, 2015.
- **ENROLL AND COMPLETE A WELLNESS PROGRAM**
Enroll and begin your choice of at least one of the following confidential wellness programs between April 1 – November 20, 2015.
Complete the program by March 31, 2016.

Log In: [Wellness Options Website](#)

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Open Enrollment 2015-2016

This year's Open Enrollment begins at 8:00 a.m. CST on May 6th and ends May 20th at 5:00 p.m. CST.

Prior to Open Enrollment, State Personnel Wellness and Benefits staff will be available at several on-site locations throughout the state to answer employee questions concerning this year's benefit options or the open enrollment process.

Materials for the 2015-2016 Open Enrollment will be sent out next week by DAS Wellness & Benefits.

2015-16 Open Enrollment Information Booths

Tuesday, April 21 **Tecumseh State Correctional Institution**
2725 N Highway 50
9 -11 a.m.

Beatrice State Developmental Center
Carstens Center
3000 Lincoln Blvd
1:30 - 4 p.m.

Wednesday, April 22 **Nebraska Game and Parks**
3rd floor conference room
2200 N. 33rd St
9 -11 a.m.

Lincoln Regional Center
Administration Building #9
801 W Prospector Pl
1 – 3:30 p.m.

Thursday, April 23 **Norfolk Veterans' Home**
600 E Benjamin Ave
11:30 a.m. – 3 p.m.

Monday, April 27 **Nebraska Department of Roads**
Auditorium
1500 Nebraska 2
1 – 4 p.m.

Tuesday, April 28 **Omaha State Office Building**
Room 227
1313 Farnam St
9 -11:30 a.m.

Eastern Nebraska Veterans' Home
12505 S 40th St
1:30 – 4 p.m.



2015-16 Open Enrollment Information Booths – Continued

Wednesday, April 29 **Grand Island Veterans' Home**
2300 W Capital Avenue
9 – 11:30 a.m.

Youth Rehabilitation and Treatment Center (YRTC) Kearney
Conference Room B
2802 30th Avenue
1:30 p.m. – 3:30 p.m.

Thursday, April 30 **North Platte State Office Building**
Room 045
200 S. Silber
9 – 11:30 a.m.

DHHS Call Center
Speedway Motors, 340 Victory Lane
1:30 - 3:30 p.m.

Friday, May 1 **Western Nebraska Veterans' Home**
1102 W 42nd St
9 – 11:30 a.m.

Tuesday, May 5 **Lincoln Nebraska State Office Building**
1st floor
301 Centennial Mall South
11 a.m. – 3 p.m.

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Payroll & Financial Center (PFC Upgrade)

The Department of Administrative Services has notified agencies that they are ready to implement an Upgrade to the Payroll and Financial Center to 9.1 effective Tuesday, April 28, 2015. This upgrade provides a new "look and feel" and includes many new features to assist in day-to-day activities. Much of the existing 9.0 functionality does not change significantly with this upgrade.

As a reminder, the [Payroll and Financial Center](#) is where employees can access pay stubs, W-2s, address book, A/P, A/R, GL, along with purchasing, and fixed assets information.

With this upgrade, your User ID and password does not change. Click [here](#) to view quick navigation videos.

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Food, Fitness, and Fun

Here are some interesting links, information, and activities.

- **Ever wonder how to convert your daily activities into steps?** For example, scooping snow, lawn mowing, raking leaves, scrubbing floors, playground games, cooking, shopping, frisbee, gardening, stretching, and mopping.

- * <https://www.ghc.edu/committees/wellness/conversion.pdf>
- * <http://www.purdue.edu/walktothemoon/activities.html>



- **Hosted by State of Nebraska Game & Parks Agency.**

Run Wild to benefit Nebraska's wildlife! Run Wild is a 10k race or 5k run through the scenic, naturally challenging trails of Mahoney State Park. It is not timed. Children (12 and under) can also Run Wild at the 1 mile children's fun run. Parents can run with young children with no charge. Dressing like a wild animal is encouraged! Registration proceeds support the [Nebraska Wildlife Conservation Fund](#) . Enjoy educational and fun activities before and after the race...

[May 16, 2015 - Mahoney State Park - Activities Building](#)

[Click here for Registration and More Details](#)

- **Think Beyond Butter:**

Here are dozens of ways to top your toast. [50 Toast Ideas](#)
Source: Food Network

- **[Outdoor cooking: Grilling with charcoal or gas? By Peg Kirby](#)**

Nothing is better than outdoor cooking. As we turn the corner on winter and head into spring, there are thoughts of getting out once again to fire up the grill to break the winter doldrums. (Lincoln Journal Star)

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